

HEARTS ACROSS THE HEARTLAND

Seeking to deepen and expand our awareness of how we can best see, name, and care for LGBTQIA+ people

How would you name the purpose of the day?

What will you do to stay present throughout the day?



Theological Grounding

What has been shared that connects with you?

What areas would you like to spend more time building your awareness and understanding?

Ground Rules

1. We will put *people over definitions*
2. We will practice *hospitable curiosity* asking questions that mutually build a relationship
3. Practice *self-care*, knowing we might learn something new about ourselves or someone we love
4. Remember *this is just a piece of the work* to be done for LGBTQIA+ people
5. *Have an open mind and heart*

Graceful Engagement

Grounding ourselves through breath and reflection



GROUNDING

Taking a moment to breath. Connect yourself to your breath.

TRACKING

Be aware of your surroundings through sight, sound, and touch, and be mindful of your body's response.

RESILIENCE

What does it feel like to be present in your body and surroundings? What kind of experience does it create for you?

Creating Your Identity Statement

Naming and sharing who we are and how we arrive. Could you complete the following sentence, naming as many identities as you see fit?

My name is _____, and I am a _____

Quick Write:

Check-in with yourself about how the morning has been going for you so far.

SOGIE Notes

What is something new you have learned?

What will you need to continue learning about to support you and your ministry better?

Quick Write:

What thoughts, wonderings, or questions do you have from the SOGIE presentation?

Intersectionality/Allyship/Humility

Continued learning and hospitable questions are critical parts of allyship

Helpful definitions.

- Intersectionality:
- Humility:
- Allyship

Self Work

Humility is an essential characteristic of allyship. Affective allyship can only help/work from the inside out. What are some takeaways from our conversation or ways you are self-aware of how the following areas might impact your allyship?

MICROAGGRESSION

FRAGILITY

GUILT

TEARS

SAVIOR

Anticipating Conflict

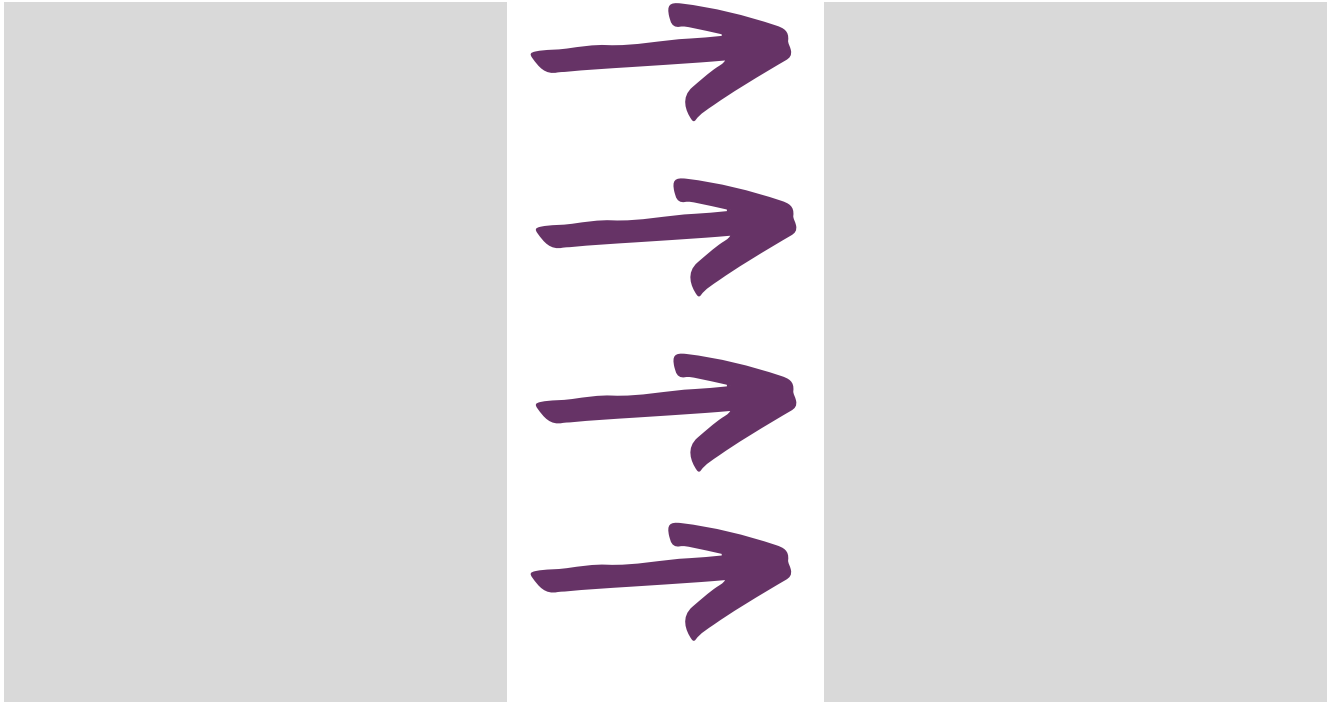
Leading from your values and understanding the power of words

What are your core values?

What are the core values of your community's ministry?

How do you live out your core values? How does your organization's ministry live out its core values?

Messaging matters. What language have you heard or anticipate hearing that would be helpful to reframe as you work to deepen and expand your ministry's welcome?



What kind of outreach and education need to happen for leaders, staff, board members, and church council members on how your ministry hopes to converse with others? For example, how will they be invited to use non-polarizing language?

What will accountability in the work look like? How will it be handled?

Breakout Group Learning

Name of Breakout Group Attended:

IMPORTANT LEARNINGS FROM BREAKOUT GROUP DISCUSSION

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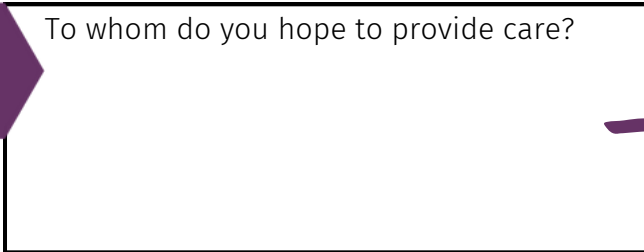

KEY TAKEAWAY

Integrating Our Learning

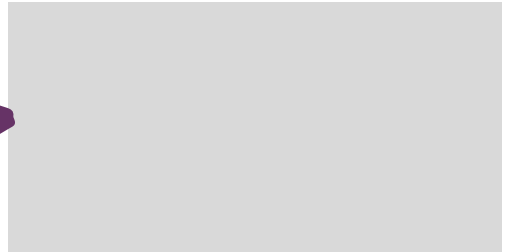
Think about the collective learning today and use it to start making a plan

CURRENT CAPACITY

C To whom do you hope to provide care?

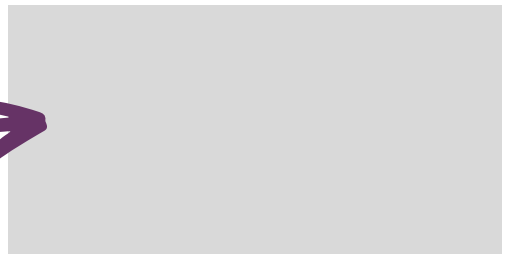
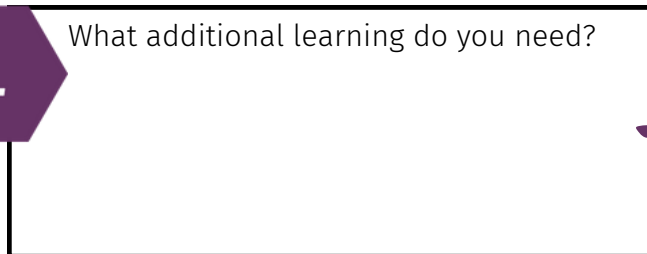



STRETCH GOAL



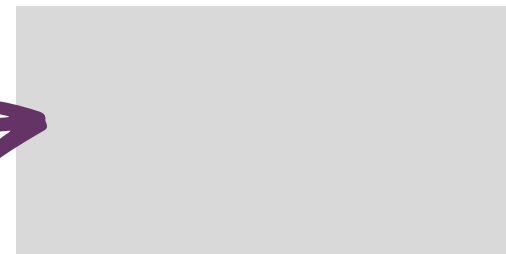
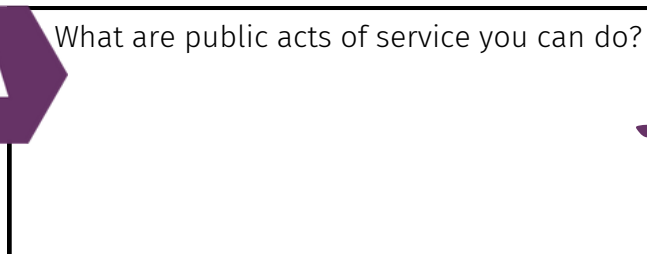

L What additional learning do you need?

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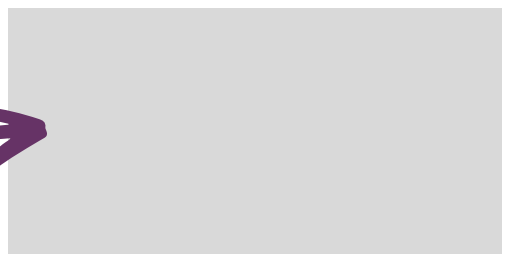
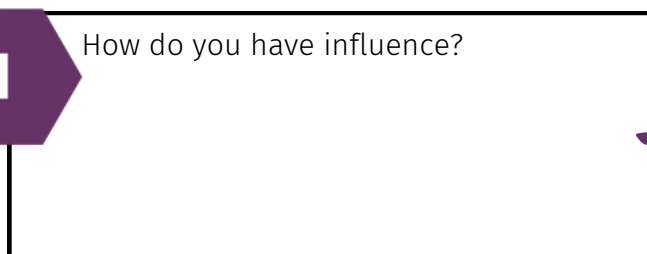

A What are public acts of service you can do?

A



I How do you have influence?

I



M How will stay committed and engaged?

M

